

**Where you can find us:**

**[www.huggersskiclub.org/cross.htm](http://www.huggersskiclub.org/cross.htm)**

In addition to an active cross-country ski group, our club is also very active downhill skiing, snowshoeing, biking, kayaking and canoeing, hiking, camping, and hosts organized walks, picnics, clam-bakes, social events and parties, happy hours, and dinners at local restaurants. You'll find information on these elsewhere on our site. Want to join the club? A membership form can be downloaded from the web site.



One of the friends you might meet along the trail

**Huggers Ski Club, Inc.**

See our website for updated information at:

[www.huggersskiclub.org](http://www.huggersskiclub.org)

For more information on cross-country events, call 585-342-6182

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HuggersSkiClub.org

It's about making

▶ **Looking for someone to cross-country ski with?**





## Who we are, what we do

### Who we are:



We are a group of adult cross

country skiers of all skill levels, interested in sharing the fun and excitement of winter sports.

### What we do:

We host local and out of town cross-country outings each winter. We schedule both weekend and weekday area outings at parks such as Durand Eastman, Mendon Ponds, Northampton, Webster Park, Black Creek, and Harriet Hollister. These are typically 1.5-2.5 hours of cross-country skiing and attract participants of all skill levels. Our members also organize impromptu skis based on snow conditions, which are communicated to club members.

### Join us!

We are looking for new folks to join us skiing! We welcome all skill levels, so please come on out and join us this season. You'll meet terrific new people and stay in great shape for the coming year. You don't have to be a member to join us for an outing — try us out!

Wouldn't you rather be outside enjoying nature and exploring new terrain than inside at the gym? In addition to the camaraderie, you'll enjoy the best exercise around. Did you know cross-country skiing burns more calories per hour



than most sports for just low to moderate effort? It's a convenient and inexpensive sport. Come and join us this season, make new friends and enjoy the winter.

### What if I've never done it before?

Some of our most active and enthusiastic skiers were new to the sport just a year or two ago. We offer free 1/2 hour lessons before some of our outings. These are typically just a couple folks learning from one of our experienced skiers, so you really get personal coaching. We ski at a variety of local parks. Some are flat and perfect for beginners and others are hilly and challenging. Our schedule will help you decide what's a good fit for your ability, or you're welcome to call for advice.